



Community Newsletter

LETS Spring into action!

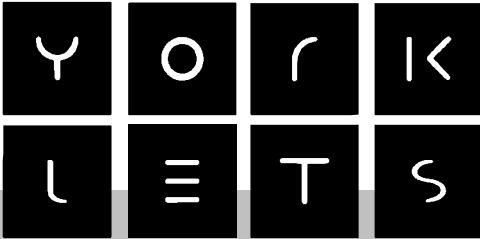


At last the sun is shining, the sky is blue (some of the time), and it really feels like Spring is in the air! YorkLETS members took the opportunity to stock up on garden essentials at the Plant 'n' seed Swap & Trade on Saturday, with both ornamental and edible plants proving popular. Thank you to everybody who took part... we're now looking forward to seeing some of the resulting courgettes, leeks and beautiful cut flowers at trading events later in the year!

Don't forget you can earn Y7 per hour for hosting an event for YorkLETS members – as well as meeting some really great people. If you're interested in doing this yourself, why not contact one of the committee (listed next page) or drop in to the next monthly meeting?

LETS talk technology...

Over recent months YorkLETS has been making ever greater use of electronic communications – one example is this newsletter, which most members now access via the website. We'd like to give members the option of receiving occasional SMS messages ('texting') about imminent LETS events. What do you think? Would this be something you would find useful? Help us get this right by sharing your ideas with the committee - using any medium you choose! As with so many things these days, YorkLETS has a facebook presence. If you're a facebooker, please join this group as it's another way to connect with other LETS members. After all, our 'social network' was around long before the modern online version! Find us at: <http://www.facebook.com/group.php?gid=132661141270>.



www.yorklets.org.uk

Your YorkLETS Committee

Co-ordinator/Publicity

John Cossham
01904 422344
johncossham@tiscali.co.uk

Yorky & Sterling Accountant

Will Miles
7 Sutton Way
York YO30 6JF
01904 679003
LETSYorkyStirling@gmail.com

Newsletter Editor

Melody Clarke
01904 426358
melody_clarke@yahoo.co.uk

Other committee members

Sue Hulbert
Kay Watkins

Membership Secretary

vacant



Don't miss this!!

LETS member Kay Watkins is planning a fabulous evening of entertainment with a 1970s flavour to it... the unique, the exciting, the awesome, the unmissable, unforgettable
Kay's Multicoloured Swap Shop!

Bring along items of any kind that you'd like to swap or trade...the only limit is your imagination (and the law!)

- 3pm – 6pm on Saturday 7th May
- Flat 3, 133 Holgate Road, YO24 4DF
- admission 2Y (includes a glass of wine)



Putting a spring in your step

Join YorkLETS for a riverside walk in Stamford Bridge on Sunday 12th June. We will be meeting at the car park/picnic site in the centre of the village at 11.45am.

The route is a gentle 3 mile circular walk including some very pretty riverbank, countryside, and village paths. We aim to arrive back at the picnic site before 1.15pm. Walkers can bring a picnic lunch, or if rain (or thirst!) overcomes us, there are a number of pleasant pubs in the village where lunch may be bought.

Full details, and a map, of the walk can be found at: <http://bit.ly/gnno9g>. The First York no.10 bus leaves Rougier Street at 11.13am, arriving Stamford Bridge 11.43am, with buses returning to York at 50 minutes past each hour. For further information, please phone Melody Clarke (01904 426358).



Spring wordsearch

t e a p r i l f x t l c e o c e s l q b
i u g b a w a k e n i n g u i t e t h x
g z l g b s o b h e n l x i u q e o u c
k v o i t r f c r s i s v z u k d o p p
o q c f p o j y e e m o p l y f l r c u
l m w k n o u s j q d d q m r v i b p z
o a j w j d p m v n y q o e v m n y w c
l l s s w t x b n l z s t a r r g u d c
h i c o s u q q p r s s k o n r z n h m
u d p w r o e m z o a o s d c g t i n x
s o o v a r r n l e l e s l n z c d j x
h f x j s y s b i q n h w i v k b g y e
h f f n k t n x y h o d t p f u u c s v
f a j d e t r r q w s n t l i l n b o h
g d p r s d o a e p a n e w u o n z u p
n w b t t m r r f l t e u k s i i r k m
i z t s p y s a p w i t f s i w e g m n
r v f g l q n c g k t d n k i f s v z z
p z b u q u j p p x z a w n j n e e r g
s q m e v x h v x e k u d b u o b m m a

20 words to find:

april, awakening, blossom, bunnies, chick, daffodil, easter, egg, garden, green, outdoors
planting, primrose, seedling, showers, sow, spring, sunshine, tulip, wind



Alex Lochhead
TRADITIONAL ACUPUNCTURE

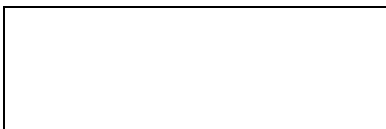
Acupuncture is a natural complementary health treatment that works with your body to promote physical and emotional healing.

Relax in professional and luxurious surroundings whilst receiving treatment for your individual needs.

First treatment 37Y + £12.50 (1½ - 2 hrs) - Subsequent treatments 26Y + £9 (1 hr)

01904 789055 / 07747 080895

www.alexlochhead-acupuncture.co.uk



Forthcoming Events

a selection of local events you may be interested in...

- **Mon 2 May** YorkLETS monthly meeting at the [Seahorse Hotel](#), Fawcett Street. (7.30-8.00pm: committee meeting)
8.00pm onwards: social and trading evening – **all welcome**
- **Sat 7 May** Kay's Multicoloured Swap Shop, Flat 3, 133 Holgate Road YO24 4DF, 3pm – 6pm. YorkLETS trading like in the olden days! 2Y admission (includes glass of wine). Any queries, contact Kay on 01904 673121.
- **Fri 13 May** Pot Luck – Networking with a Difference, Priory Street Centre, 6pm – 9pm. Meet new people, find out what great projects are going on locally, and get to vote for the project you think deserves the cash...micro-financing at its best!
Cost: £15 per person - £10 of which will go directly to a group on the night. Contact LETS member Charlie Mitchell (07870 498886) to book.
- **Tues 17 May** Joseph Rowntree celebration event – 100 years as a Freeman of York, 6pm – 8pm, University of York. Extracts from JR's speech to the corporation, comparing his childhood with the York of his time. Images of historic York, a brief talk on JR's legacy to the city, and an exhibition of related materials. Refreshments will be available. To book, contact: bridgetmorris@rowntreesociety.org.uk.
- **Sat 4 June** York Carnival kicks off the summer in style at 1pm when the parade sets out from Minster Gardens. Parliament Street promises cheerleaders, dancers, singers, drummers and much more, while St Helen's Square hosts acoustic bands, belly dancing and world music
- **Mon 6 June** YorkLETS monthly meeting at the [Seahorse Hotel](#), Fawcett Street. (7.30-8.00pm: committee meeting)
8.00pm onwards: social and trading evening – **all welcome**
- **Sun 12 June** YorkLETS Riverside Walk, Stamford Bridge. Meet Stamford Bridge car park/picnic site 11.45am. Click here for [map and info](#). Any questions/information telephone Melody Clarke (01904 426358).
- **19 – 20 June** York Cycle Show, York Knavesmire. Trade show & exhibition, CTC national rally, Saturday organised rides, zero gravity stunt show, children's entertainment, Cycle Club displays, veteran cycles, Saturday night on-site musical entertainment, and more! Full details:www.yorkcycleshow.co.uk
- **Mon 4 July** YorkLETS AGM at the [Seahorse Hotel](#), Fawcett Street - 7.30-8.00pm: AGM; 8.00pm onwards: social and trading evening. Buffet supper provided – **all welcome**

...hope to see you at some of them!